

PLANT A ROW GROW A ROW KAWARTHA LAKES

Plant an extra row this year and share your harvest with neighbours in need.

Food banks throughout the Kawartha Lakes will gladly take extra fresh produce from your garden. Donate your produce to Kawartha Lakes Food Source in Lindsay which distributes to all the local food banks.

Contact Kawartha Lakes Food Source @ (705) 324-0707

Kawartha Lakes

Food Source



Supporting those who feed our hungry



**PLANT A ROW
GROW A ROW**



**UN RANG POUR
CEUX QUI ONT FAIM**

**growarow.org
planterunrang.org**

Growing and Donating Food for Children, Adults and Seniors in Need in Kawartha Lakes